



CYCLING TIME TRIAL

ENTRY DEADLINE POSTMARK: July 18, 2008
On Site Registration Accepted 9:30 am – 10:45 am (15 min prior to start)
Melissa Bellew, Sport Commissioner – 859-338-0134
email: mdbellew@hotmail.com

SATURDAY, July 26, 2008
Midway College, Main Entrance
512 East Stephens Street
Midway, Kentucky

CODE: EVENT:	DISTANCE:	START TIME:	PRIZE LIST:	FEE:
M/F 18 & Under	5 miles	11:00	Medals/3	\$10
M/F Age 20-29	5 miles	11:00	Medals/3	\$25
M/F Age 30-39	5 miles	11:00	Medals/3	\$25
M/F Age 40-49	5 miles	11:00	Medals/3	\$25
M/F Age 50-59	5 miles	11:00	Medals/3	\$25
M/F Age 60-69	5 miles	11:00	Medals/3	\$25
M/F Age 70-79	5 miles	11:00	Medals/3	\$25
M/F Age 80+	5 miles	11:00	Medals/3	\$25
Tandems	5 miles	11:00	Medals/3	\$25
Fixed Gear	5 miles	11:00	Medals/3	\$25
HPV/Recumbent	5 miles	11:00	Medals/3	\$25
Standard /Non-Aero	5 miles	11:00	Medals/3	\$25

Top 3 Kentucky Riders (M/F) in each category will receive Bluegrass State Games Medals

Parking available at Midway College

Additional information available at pedalpowerracetteam.com after June 15, 2008

Sponsored by Pedal Power Bike Shop Cycling Team, City of Midway, & Midway College

DIRECTIONS: Exit Interstate 64 at Midway exit 65 (KY 341) & follow directions to Midway College in downtown Midway, Kentucky.

RULES: United States Cycling Federation rules to govern events. Citizens (unlicensed) racers may use any bicycle & will race in the Standard/Non-Aero division. All bicycles must have two working brakes except fixed gear bicycles, which shall have one (1) working brake. Officials will inspect all bicycles on site. Unlicensed racers must purchase a one-day USCF license for an additional \$10 to compete.

ALL PARTICIPANTS MUST HAVE THEIR OWN HELMET IN ORDER TO COMPETE. THE HELMET MUST BE CLEARLY LABELED BY ITS MANUFACTURER THAT IT MEETS THE ANSI STANDARD Z90-4 AND/OR THE SNELL MEMORIAL FOUNDATION STANDARDS FOR BICYCLE RACING. TIME TRIAL HELMETS ARE PERMITTED. No minimums fields. Officials may combine categories and adjust race distance as necessary.

AGE: Age as of December 31, 2008.

COURSE: The time trial will begin at the Midway College entrance with a hand-held start & continue left on East Stephens Street for 2.5 miles to a turnaround at the intersection of Paynes Depot Road & the beginning of Weisenberger Mill Road. The course is an out & back with a halfway turnaround point. Marshals will assist at the turnaround. The course is hilly & very rolling. The course will not be closed. Local law enforcement will assist.